



Staffordshire Fire and Rescue Service

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FOI reference 092/17

Date Received 01 September 2017

Request:

wish to request the following information relating operational staff in the local Fire & Rescue under the Freedom of Information Act 2000:

1. How many of your Fire Stations have fitness/gym equipment on site?
2. Are your Wholetime Firefighters afforded time to access the fitness equipment whilst on duty as part of their contract?
3. Are your Retained Firefighters paid to undertake fitness activities similarly to their Wholetime colleagues?
4. What incentives does the service provide their Retained operational staff to maintain their fitness levels?
5. Please supply a copy of the service's fitness policy.

Response:

1. All of our wholetime stations have fitness equipment on site, 6 retained stations do not have fully equipped gyms but have items of physical fitness equipment. Space constraints on some of the stations do not allow for fully equipped gyms on site. There are several options for consideration currently in terms of alternative provision for these stations. We are extending some of our retained stations currently, two of the above stations have plans out for consultation, of which a gym is a part of the draft design.
2. Wholetime fire fighters are afforded time within their working day for physical fitness, this is one hour per shift.
3. No, retained staff are not paid to undertake fitness activities.
4. There are currently no incentives in place for retained staff to maintain fitness levels, other than the requirement to maintain adequate fitness to carry out their role.
5. The Fitness policy, along with the set up and fitness support afforded to all staff is about to be updated and consulted on in order to reflect the CFOA/FireFit research around the drill ground assessments, which we intend to implement. We are also looking at how we can localise fitness support for all staff, retained staff in particular.