



Household Emergency Plan

Many emergencies will affect the public services that you take for granted, and may even stop you from travelling and communicating with friends and family. To make sure you know what to do, get your family or household together and fill in this plan. Keep it safe so you can remind yourself.

Is there somewhere we can go to shelter if we are evacuated? Friends? Family?

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If we cannot contact each other, where should we meet and/or who should we leave a message with?

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If you are not involved in an accident but are close by to where it happened or believe you may be in danger, in most cases the advice is: GO IN, STAY IN, TUNE IN

Should we be evacuated do we know how to turn the following off?
And who would be responsible?

Electricity

Water

Gas





Who will be responsible for picking the children up from school (if applicable)?

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Contingency / backup

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.....

We should check our neighbours – they may need our help.

Neighbours to the left

Name

Address

.....

Home no.

Mobile no.

Neighbours to the right

Name

Address

.....

Home no.

Mobile no.

PREPARE AN EMERGENCY PACK AS PER THE GUIDE!!

Ensure all family members know where the Emergency Pack is and also all equipment and items stored in it are up to date!!



Household Emergency Plan

We should familiarise ourselves with the following emergency contact details:-

Emergency Services.....

NHS Direct.....

Local Police Station.....

Local Authority.....

Doctor.....

Work.....

School.....

Home Insurance.....

Local Radio Station.....

Frequency (see local press for details).....

If you find yourself in the middle of an emergency, common sense and instincts will usually tell you what to do. However, it is important to:

- make sure 999 has been called if people are injured or if there is a threat to life.
- not put yourself or others in danger.
- follow the advice of the emergency services.
- try to remain calm and think before acting, and try to reassure others.
- check for injuries – remember to look after yourself before attempting to look after others.

Consider getting some First Aid training and a First Aid kit.



Knowing what to do in an emergency is vitally important. Consider getting some First Aid training and a First Aid kit to put in your Emergency Pack, and familiarise yourself with how to deal with some of the more common injuries. If someone is injured, the following steps will keep them as safe as possible until professional help arrives:

- If people are seriously injured call 999 immediately.
- Keep calm.
- Make sure you and the injured person are not in danger.
- Assess the injured person carefully and act on your findings use basic First Aid steps.
- Keep an eye on the injured person's condition until the emergency services arrive.

When you are told that it is safe to return home, open windows to provide fresh air before reconnecting gas, electricity and water supplies.

**Find out more about how to keep yourself safe in an emergency at:
www.staffordshireprepared.gov.uk**

